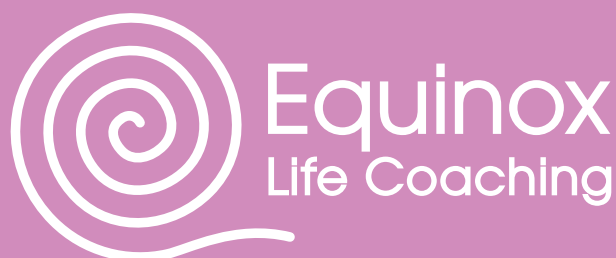
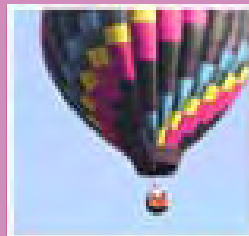


Equinox Life Coaching
NLP
Practitioner
Training

With Melissa Scott

Advanced NLP Coach Training

Learn the tools for life transformation as you create
a life you love and coach others to do the same



www.equinoxlifecoaching.com

Become certified as a practitioner in NLP Coaching and begin a journey of personal transformation and professional evolution.

Neuro Linguistic Programming (NLP) is a coaching methodology and philosophy that enables people to release limitation and begin accelerating their human potential. NLP teaches you how to transform unwanted behaviours, enhance communication and accelerate your goal achievement.

Anyone can benefit from becoming an NLP Practitioner

Have you ever limited your potential by feeling stuck, confused or overwhelmed? Have you ever doubted your ability, or felt fearful and as a result not pursued your hearts desire? What if there was an easier way?

Would you like to see a consistent way for yourself and others to release that kind of sabotage and accelerate your success?

Imagine if you could discover simple methods for transforming your limiting thoughts and behaviours and begin producing powerful results

Understand how easy it is to increase your potential and enhance performance by learning simple methods to reduce your stress & anxiety

Imagine immersing yourself in a one week training learning how to reprogram your unconscious mind and begin tapping into the unlimited ability that is within each of us.

Who can benefit the most from doing an NLP training?

Specifically anyone who:

- Is committed to enhancing their skill set with leading edge human development tools
- Would like to become an NLP Coach or begin using coaching tools in their current role
- Is coaching already and would like optimise their growth and success
- Is managing, or a business owner who is looking to stretch and evolve personally and professionally
- Teaches, trains, or has the role of an educator/mentor
- Is pursuing lasting change and really desiring to make a difference to themselves and others

This training will accelerate your ability to:

Enhance your personal and professional relationships

Eliminate undesirable and unwanted behaviours- release negative self talk, procrastination, feeling overwhelmed

Create and achieve your desired self image and self esteem and design a compelling future for yourself

Create prosperity consciousness as you learn how to manifest more of what you are desiring in your health, wealth, relationships and career

Release negative emotions and rapidly increase your motivation and energy

Why NLP tools are transformational

NLP provides an empowering framework that supports individuals to begin taking 100% responsibility for what they are creating in their world. It rapidly enhances an individual's ability to create harmony in the mind and body and create results in accelerated time frames.

With NLP you can gain real insights into how to create lasting behavioural change in yourself and others. You will understand how people think and gain perspective on why they make certain choices.

Learn the skills to model and repeat excellence. Learn to recognise individual communication styles and easily break down barriers to communication.

You will learn to:

- Gain clarity over your life purpose and desired outcomes
- Develop advanced people skills
- Gain a sophisticated level of laser sharp questioning skills
- Learn to utilise language to powerfully enhance your relationships
- Learn how to decode the non-verbal language of others
- Align your conscious and unconscious thinking to create lasting transformation
- Understand human behaviour at the 'being' level not just the 'doing' level
- Establish deep rapport with anyone you choose

More Benefits...

- Respond to challenges with a sense of empowerment and certainty
- Develop decision making strategies that are aligned with your personal values
- Gain tools that accelerate learning and allow you to process information rapidly
- Gain personal alignment at a "mind, body, spirit" level
- Learn how to end procrastination and master self motivation
- Eliminate limiting beliefs & Increase your confidence and esteem

NLP Practitioner Course Content

During this seven day program you will gain practical information and skills that will enable you to create transformation for yourself and assist others in creating their ideal lives.

You will be taught the processes, questioning models, and dynamic tools of traditional NLP that assist you to deconstruct and recreate what is not working or useful in your reality and that of others. You will also be trained in advanced behavioural and developmental life coaching models and tools to learn how to coach your clients to create lasting change.

- Learn how your client's brain processes information and support them to eliminate limiting patterns
- Find out how their conscious and unconscious focus determines their results and how to accelerate a "positive laser like" focus
- Discover how you can create instant rapport with your clients and other people
- Learn specifically how your clients create their mental and linguistic construction of reality and discover how to help them change this
- Discover how to be more in tune with yourself, your clients and other people
- Learn conflict resolution and agreement creation skills
- Understand how emotions are triggered and how to re-anchor your mind and body for "success"
- Teach your clients how to create an "ideal self" and develop compelling steps and strategies to make it happen
- Understand the thought- feeling-behaviour cycle
- Learn how to release limiting decisions from the past to empower your present
- Release unresolved negative emotions from the past
- Teach your client's how to create their future and model and replicate successful results
- Help your client's manage their mind and body states, change beliefs and powerfully reframe limitation
- Learn powerful hypnotic language tools to accelerate change with your clients
- Also discover healing paradigms that will support your growth and development as a practitioner

Here's what some of our students have said about our NLP Practitioner Program

"What I enjoyed about this training was the integrity, passion and incredible knowledge and experience with which it was delivered... Thank you, Thank you, Thank you!"

What I enjoyed most about the trainers was the full and total commitment for excellence."

"I value this opportunity I have had to raise my own personal standards to another level. It has truly integrated so many learnings on a new level."

"I just love this, this has changed my love and then some."

I came in lisa and came out a LISA!"

"Thank you for helping me with my journey. I will gladly recommend to anyone and will embrace future challenges and look forward to help and assisting others with change if they so desire."

"WOW the most powerful training I have ever taken... Life without negative emotions is EASY"

Your trainer



Melissa Scott

Melissa is dynamic and inspirational speaker, NLP Trainer and Coach who challenges her audience to “paradigm shift” their thinking to enhance results and get real about who they are ‘being’ and how they can start ‘doing’ and ‘having’ more of what they love in life. She is a gifted speaker who moves her audience to a place of empowered motivation using her innovative coaching processes. Melissa challenges individuals and businesses to become aware of sabotage and fearful patterns so they can create an empowerment pathway that is fulfilling and produces results. Melissa has been utilising NLP tools and Life Coaching techniques in the corporate and performance coaching arena for over 5 years.

Training Format

This is an accelerated training with high standards for certification that include home study, attendance at all sessions during the training, a demonstrable understanding of the NLP tools and a willingness to apply the learning’s under supervision at the live trainings.

Our Next Program

Equinox Life Coaching is running its next NLP Practitioner Course on:

Dates: October 26th – November 1st 2007

Venue: Brooklands of Mornington, 99 Tanti Avenue, Mornington

Registration: Please call or email

Phone: 03 5976 1974

Email: info@equinoxlifecoaching.com

Web: www.equinoxlifecoaching.com

